PE Lesson Plan

# Teacher Candidates: Ian Allison, Brenda Zehnder Date: March 3, 2012

Lesson Title: Hula Hoop Fun 3rd Grade

Learning Targets:

***When planning/writing your lesson include the following*:**

**EALR/Learning Target:** 3rd Grade

Standard 1.1.5 Applies movement concepts. Applies movement concepts in dynamic and cooperative situations

**TSWBAT:** Work together as a team. Coordinate their body movements, eye/hand and eye/foot, with each other.

**Schema:** The students will be refining and strengthening previously acquired motor skills.

Assessment Strategies:

**Formative assessment:**

During the lesson we will be observing the students’ abilities in terms of eye-hand and eye-foot coordination. We will be making sure the students are putting in the appropriate effort.

Grouping of Students for Instruction:

**Specifically how are you going to group your students for this lesson? (Groups of two, four, individual, etc.)**

Students will be broken up into approximately two to three teams,depending on class size.

Learning Experiences (example: Introduction, Questions, Learning Activities, Closure, and Independent Practice)

***When teaching your lesson you need to do the following:***

**Anticipatory Set:** Ask how many have ever played a team sport with a hula hoop?

**State the Learning Target:** Students will be able to communicate with each other to complete a complex task or game.

**Learning Episode (this is the meat and potatoes of the lesson. It is the main part of the lesson):**  We will be explaining to the students the hula hoop game "through the hoop." Form a single file line of several children. Give the first child in the line a hula hoop to hold over their head. Children will pull hula hoop down over their bodies and then give the hoop to the next person in line. Time the activity and see how fast the hula hoop can move through the line. Timing of the games will be done depending on the number of the teams.

We will ask for a few volunteers (3 to 4) and with their help we will demostrate the game.

**Guided Practice:** Play the hula hoop game. After instructions have been given and the students understand the concept of the game we will turn on some fun age appropriate music.

**Closure:** Remind the students of the importance of communication when working together as a team to successfully complete a task or objective.

**Independent Practice:** Have the students complete a few sets/passes of the hula hoop without teacher input/guidance.

Instructional Materials, Resources and Technology: (Attach a copy of any materials students will use during the lesson; e.g., handouts, questions to answer, worksheets)

***How are you boxing, crating it, setting out for the students and for you?***

**These are the materials that you will use for this lesson. All the items need to be stated.**

At least 3 hula hoops.

Stereo w/ cd or line input.